



HEALTH & WELLNESS

CAL-SEA-UM™

Strong bones for life

DESCRIPTION

Calcium is vital to healthy bone density. But did you know that 50 percent of Americans over age 10 consume less than the RDA of calcium¹ and 28 million Americans suffer from inadequate bone density?² Dietary intake of calcium and other minerals related to bone health is below recommended levels worldwide.³

While calcium gets the most attention, magnesium is also essential for maintaining bone mass. But it can be difficult to obtain in a normal diet.

Cal-sea-um™ is a proprietary natural blend of minerals required for maintaining optimal bone health. It's formulated with calcified seaweed, a vegetable source of minerals found in human bone. This seaweed comes from a pristine area of the North Atlantic Ocean. Further, Cal-sea-um™ contains no added protein or fats that can compromise calcium absorption in the intestine.*

Easy-to-take and vegetarian-approved, these fruit-flavored chewable tablets include a vegetable source of vitamin D to further support bone tissue, together with short-chain fructooligosaccharides to aid in mineral absorption. Cal-sea-um™ is the perfect supplement to support bone health in adolescents and adults.*

BENEFITS

- Provides minerals necessary for healthy bone matrix*
- Facilitates absorption of calcium and magnesium*
- Contributes to bone density maintenance*
- Helps maintain bone mass and bone strength*

(continued on next page)

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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(continued)

KEY INGREDIENTS

- *Calcified seaweed*—A unique extract containing calcium and magnesium.
- *Vitamin D*—Facilitates intestinal absorption of calcium and positively affects bone tissue.
- *Short-chain fructooligosaccharides*

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	5	
Total Fat	0 g	0%*
Cholesterol	0 mg	
Total Carbohydrate	2 g	1%*
Sugars	1 g	
Vitamin D	200 IU	50%
Calcium	500 mg	50%
Magnesium	60 mg	15%
Sodium	0 mg	0%

Proprietary Blend 2387.2 mg †
 Calcified seaweed, fructo oligosaccharide, magnesium gluconate, calcium citrate malate, calcium lactate gluconate, magnesium oxide, ergocalciferol

* Percent Daily Values are established on a 2,000 calorie diet.

† Daily Value not established

INGREDIENTS: Fructose, sorbitol, xylitol, natural flavor, stearic acid, citric acid, silicone dioxide, magnesium stearate, ergocalciferol.

DIRECTIONS: Take 2 tablets with meals once or twice daily.

CAUTION: Ask a doctor before use if pregnant or nursing, have a medical condition or taking any medication. Keep out of reach of children. Store tightly closed in a cool, dry place.

Source materials used may cause color variation in Neways products.

Do not use if inner seal is missing or damaged.

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 BIUS-1852/1 • ITEM #1852

SOURCE CITATIONS

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3. Hallfrisch J, Muller DC. Does diet provide adequate amounts of calcium, iron, magnesium, and zinc in a well-educated adult population? *Exp Gerontol* 1993;28:473–83.
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5. Gueguen L and A Pointillart. The bioavailability of dietary calcium. *J Am Coll Nutr*. 2000. 19(2 Suppl): 119S–36S.
6. Nordin BE and HA Morris. Osteoporosis and vitamin D. *J Cell Biochem*. 1992. 49(1): 19–25.



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