

# Sexy for her.

# For baby, it could really be poison.

Toxic chemicals linked to birth defects are being found at alarming levels in women of childbearing age.

And according to new laboratory tests (see chart at right), these same chemicals are being added to popular cosmetics and beauty aids, from Poison perfume to Arrid Extra Extra Dry deodorant.

Manufacturers use these chemicals, known as phthalates (tha-lates), to add flexibility and help dissolve other ingredients. They're also used in industrial adhesives, and in medical and consumer goods made with polyvinyl chloride plastic (PVC).

But phthalates have been shown to damage the lungs, liver and kidneys, and to harm the developing testes of offspring.

These results come from animal tests which, according to government scientists, are relevant to predicting health impacts in humans.

Despite this, the Food and Drug Administration doesn't regulate phthalates in cosmetics. In most cases, phthalates aren't even listed on the label.

The FDA must act now. All cosmetics – as well as food-related and medical products containing phthalates – must be labeled. And manufacturers should publicly pledge to voluntarily remove phthalates as quickly as possible.

Phthalate-free alternatives are available in every product category. And some companies have already announced phase-out policies.

In the meantime, we believe that every consumer – indeed, anyone who cares about the health of future generations – should demand action from companies and the FDA. Learn more at [www.NotTooPretty.org](http://www.NotTooPretty.org).

After all, Eternity is a long time.

## What Are You Wearing?

Off-the-shelf samples of hair products, body lotions, deodorants and fragrances, including those listed below, were analyzed by an independent testing lab for the presence of phthalates. Four were found: BBP, DBP, DEP and DEHP. The phthalate content of listed nail polishes comes from manufacturers' information and ingredients listings on labels.

Products listed below as "phthalate free" contained no detectable trace of the four compounds. Products listed as "contain phthalates" contained one of the four, while those noted with an asterisk contained more than one.

Total phthalate exposure comes from repeated small individual doses from cosmetics and a wide range of products containing PVC plastics, including shower curtains and window shades; some plastic food packaging; and medical devices such as IV fluid and blood bags. Other sources of phthalate exposure include paints, pesticides and printing inks.

### HAIR PRODUCTS

#### Contain Phthalates

Aqua Net Professional Hair Spray\*  
LA Looks Styling Gel: Extra Super Hold  
Suave Naturals Ocean Breeze Extra Control Spray Gel  
TRESemme European Freeze-Hold Hair Spray\*  
VO5 Crystal Clear 14 Hour Hold

#### Phthalate Free

Aussie Mega Styling Spray  
Finesse Touchables Silk Protein Enriched Mousse  
Helene Curtis Thermasilk Heat Activated Firm Hairspray  
L'Oreal Paris Studio Line: Springing Curls Mousse  
Suave Naturals Aloe Vera Extra Hold Hairspray

### DEODORANTS

#### Contain Phthalates

Arrid Extra Extra Dry Ultra Clear Ultra Fresh Spray\*  
Ban Delicate Powder Roll-On  
Degree Original Solid Anti-Perspirant & Deodorant  
Secret Sheer Dry Regular\*  
Sure Clear Dry Anti-Perspirant & Deodorant

#### Phthalate Free

Certain Dri Anti-Perspirant Roll-On  
Dove Powder Anti-Perspirant Deodorant  
Lady Speed Stick Soft Solid Anti-Perspirant  
Secret Anti-Perspirant & Deodorant Platinum Protection Ambition Scent  
Soft & Dri Anti-Perspirant Deodorant Clear Gel

### BODY LOTIONS

#### Contain Phthalates

Jergens Skincare Original Scent Lotion  
Nivea Crème

#### Phthalate Free

Lubriderm Skin Therapy Moisturizing Lotion  
Vaseline Intensive Care Advanced Healing

### FRAGRANCES

#### Contain Phthalates

Calgon Hawaiian Ginger Body Mist  
Charlie Cologne Spray  
Elizabeth Taylor White Diamonds  
Escape by Calvin Klein  
Eternity by Calvin Klein  
Fire & Ice\*  
Freedom  
Lancome Paris Tresor  
Oscar\*  
Poison by Christian Dior\*  
The Healing Garden Pure Joy Body Treatment\*  
Wind Song Perfume by Prince Matchabelli

### NAIL POLISHES

#### Contain Phthalates

Christian Dior Nail Enamel  
Cover Girl Nail Slicks  
Express Finish  
Nutra Nail  
OPI  
Sally Hansen  
Sally Hansen Hard as Nails  
Wet 'n' Wild

#### Phthalate Free

Jet Set  
Revlon Nail Enamel  
Super Top Speed  
Urban Decay

\*Contain multiple phthalates

Visit [www.NotTooPretty.org](http://www.NotTooPretty.org) to learn more about the dangers of phthalates and to review the full cosmetics testing results in detail. You may also download a free copy of our new report, "Not Too Pretty: Phthalates, Beauty Products and the FDA."

Learn more at [www.NotTooPretty.org](http://www.NotTooPretty.org)

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